



Summer Kids Camp Policies

General information:

- Summer Camp opens at 8:30 a.m. (7:30 a.m. for Early drop off. This does cost extra.)
- Children must be picked up by 4 p.m. (5:00 pm after camp care)
- Half-day campers will opt for mornings (8 a.m. to 12 p.m.). This option will become available on April 1st if spots are still available.
- Names must be marked on all personal items. Cowgirl Athletics is NOT responsible for lost, broken, or stolen items.
- In an effort to better suit children during activities and playtime, we will be dividing campers into age groups. Siblings who would like to stay together would go with the younger of the two groups.
- Only school-age children are permitted for childcare (including those going into kindergarten for the 2024-2025 school year).

Camp Fees:

- If paid in full, camp for a full-day camper is \$275.00 per week.
- Families can pre-pay for the Month in Full. Please inquire at the front desk.
- Discounts will not be given for missed days.
- Payments must be up to date in order for a child to participate.
- For payments made in full, cash or charge is accepted.
- For weekly payments, cash or card on file is accepted. Cash must be paid by the close of business on Thursday, so your card is not automatically charged.
- Because your child will hold a slot in our program, no refunds will be issued at any time.
- Refunds are not available for students who have paid for the summer in full.

Snacks and Meals:

- Breakfast will be included for any students who arrive by 7:30 a.m. Healthy snacks will be included in the afternoon. Snacks are also available for purchase at the front desk at designated times throughout the day.

- Lunch is served at noon. Students may bring their own lunches or opt for a bag lunch for \$5. A bag lunch will include a sandwich, a fruit or vegetable, chips, and a drink.
- A snack will be provided by Cowgirl Athletics each day at 3:30 p.m. Campers may also bring their own snacks or put money on their accounts to purchase snacks at the front desk. Caffeinated beverages and candy are not permitted for purchase during Kids Camp hours. Healthy options will be available at the front desk.
- Parents may place restrictions on their child's snack accounts by notifying our front desk or Kids Camp staff.
- Water will be available with all meals and throughout the day.
- A t-shirt is included with all pay-in-full registrations. T-shirts are required for field trips and may be purchased at the front desk for part-time campers.

Dress Code:

- Tennis shoes are recommended for daily activities. Sandals and flip-flops are discouraged but may be brought on outdoor water days. Parents will be notified in advance of outdoor water days.
- All clothing should be comfortable and weather-appropriate. Please remember air conditioning can get a little chilly first thing in the mornings.
- K-4th grade parents: Please send your child with a backup outfit on their first day to be left at Cowgirl Athletics throughout the summer. This outfit will be worn if they ever have an accident or get dirty. Outfits will be sent home with parents on the final day of Kids Camp. Clothing not picked up by Sept. 1 will be donated to Big Brothers Big Sisters of Riverside County.

Discipline:

- Appropriate behavior and language are expected at Cowgirl Athletics.
- Rules will be clearly stated by counselors. Our goal is to always use redirection and positive reinforcement. At times, time outs and quiet time may be required for children who need some additional space and calming.
- Students who demonstrate physical violence or blatantly vandalize property may be removed from the program.
- For minor situations, parents will be notified at the end of the day. If the problem persists or additional assistance is needed, a parent will be called during the day.
- For a digital copy of the full Kids Camp parent handbook, please email cowgirlcheer@live.com.

Release of Participants:

- All children must be signed in and out by a parent or authorized pick-up contact each day. A government-issued photo ID may be required if someone is picking up with whom our staff is not familiar.
- Only those designated to pick up a child are allowed to pick up.
- If someone else is picking up your child, we will ask that you complete an "Add a Contact" form in advance.

Medications:

- A child may not receive medication of any kind unless it is required by a doctor.
- Parents/guardians must place medicine in a Ziploc bag with the child's name, dosage, and frequency. Medication must be provided in the original container with pharmacy/doctor instructions and labels.

Illness:

- Please inform the director immediately if your child develops any of the following symptoms:
 - Fever
 - Cough
 - Redness of the eyes or itchy eyes
 - Sore throat or hoarse voice
 - Rash
- Campers with these symptoms will not be allowed to attend camp until they are 24 hours free of symptoms or have a doctor's note.
- Additional hand-sanitizing measures and social distancing will be monitored and enforced throughout Summer of 2024.

Outdoor Information:

- Please send one bottle of spray sunscreen with your child on the first day or bring to welcome night. (SPF 50 or above)
 - We will provide liquid sunscreen for faces.
 - If your child has an allergy to certain sunscreens, please provide your own facial sunscreen.
 - The bottles will be shared with everyone. If your child has sensitive skin or requires a higher SPF, please attach a note and label the bottle with your child's name.
- We will notify you in advance of outdoor water days. Please send the following with your child on these days:
 - Water clothing
 - Water shoes or shoes that may get wet
 - Towel
- All activities will take place at Cowgirl Athletics or within the surrounding community. Any off-property activities will require a permission slip. A few field trips will be taken throughout the summer and transportation will be provided by Cowgirl Athletics. These field trips will cost up to \$6. For those choosing to not participate, alternative programming will be available at Cowgirl Athletics.

If you have any questions, please do not hesitate to contact us 951.207.3525!