

# Fall and Summer Classes 2025

<b>MONDAY</b>	<b>CLASS FOCUS</b>	<b>MEET TIME</b>
wiggle worms tumbling 101	BWO/RO/CW	400pm-500pm
tumbling 101	Intro to tumbling	500pm-6:00 pm
Stunt like a Beast		730pm-900pm
<b>TUESDAY</b>		
tumbling	intro / Beg	4:00pm-5:00pm
tumbling & Pre-K Tumbling	intro to bhs	4:00pm-5:00pm
tumbling	handsprings	5:00pm-6:00pm
tumbling	handsprings	6:00pm-7:00pm
High School cheer Prep	Jan-May only	7:00pm-8:00pm
<b>WEDNESDAY</b>		
tumbling & Pre-K Tumbling	beg walkovers	4:00pm-5:00pm
tumbling 101	beg BHS	4:00pm-5:00pm
tumbling 102.5-103	adv BHS/intro to Tucks	5:00pm-6:00pm
Flex Class		6:00pm-7:00pm
Flyers only!		7:00pm-8:00pm
tumbling 102	Beg Backhandsprings	8:00pm-9:00pm
<b>THURSDAY</b>		
wiggle worms Tumbling 101	5 yrs to 9 yrs	4:00pm-5:00pm
tumbling 103	intro to Tucks	4:00pm-5:00pm
<b>Performance Team</b>	May to July only	5:00pm-6:00pm
Jealous Jumps		5:00pm-6:00pm
tumbling 101	Backwalkovers	5:00pm-6:00pm
tumbling 102	Handsprings	5:00pm-6:00pm
Flex Class		6:00pm-7:00pm
tumbling 104	advTUCKS/TWIST/LAYS	6:00pm-7:00pm
tumbling 101.5	walkovers/ into to handsprings	7:00pm-8:00pm
<b>FRIDAY</b>		
tumbling 101	Walkovers & Roundoffs	5:00pm-6:00pm
tumbling 102	Back handsprings	6:00pm-7:00pm
<b>SATURDAY</b>		
Tumbling Class	ALL Things Tucks	9:00am -10:00am
Tumbling Class	Backhand Spring	10:00am-11:00am
Tumbling Class	Walkovers & Roundoffs	11:00am-12:00pm

**\$25.00 registration and \$89.00 per month for classes**